



BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 01
(Effect from June 2021-2022)

Course Code	UA01CPSY51	Title of the Course	AN INTRODUCTION TO PSYCHOLOGY
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1. To introduce students to the basic concepts of the field of Psychology. 2. with an emphasis on applications of psychology in everyday life.
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Course Content		
Unit	Description	Weightage%
1.	Introduction and Methods (a) Introduction: What is psychology? subfields of psychology; Clinical psychology Counselling, Organizational, Industrial Psychology, Social Psychology, Developmental psychology, Psychology in modern India. (b) Methods: Methods of psychology (Observation External Observation Method, Experimental method, Case study method interview method special emphasis on experimentation)	25%
2.	Learning and Motivation: (a) Learning: Principles and applications of Classical conditioning, operant conditioning, and observational learning; Learning in a digital world; (b) Motivation: Perspectives on motivation, types of motivation, biological & Mental & Unconscious motivation	25%
3.	<u>Sensation and Attention</u> (a) Sensation: Definition of Sensation, Characteristics of Sensation, Types of Sensation, Visual, Auditory, Olfactory, Taste, Definition of (b) Attention: Definition of Attention, Nature of Attention, Determents of Attention (Factors of Objective & Subjective)	25%
4.	<u>Memory & Forgetting:</u> (a) Memory: Concept of memory, Models of memory: STM <M Information Processing (Factors of Memory) (b) Forgetting: Concept of Forgetting, Improving memory. Theories of Forgetting	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Understanding what psychology is all about
2.	Appreciation of the scope and the field of psychology
3.	Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, sensation, , motivation and human biological system including brain
4.	Developing familiarity with individual level phenomenon such as motivation.

Suggested References:	
Sr.	References
1.	Breedlove, S. M., Rosen Zweig, M. R., & Watson, N. V. (2007) Biological Psychology: An introduction to behavioral, cognitive, and clinical neuroscience, 5th Edition. Associates, Inc., Sunderland, Massachusetts.
2.	Carlson, N. R. (2009) Foundations of Physiological Psychology, 6th Edition. Pearson Education, New Delhi
3.	Levinthal, C. F. (1983). <i>Introduction to Physiological Psychology</i> . New Delhi: Morgan, C T., King, R., Weisz, J. & Schopler, J. (2017)
4.	Introduction to Psychology (7 th Ed). McGraw Hills. Holt, N., Bremner, A., Sutherland, E., Vliek, M. and Passer, M., & Smith, R.(2015)
5.	An Introduction to Psychology by C.T.Morgan
On-line resources to be used if available as reference material	
On-line Resources: www.varywelmind.com www.all/about/psychology.com	
www.sparknote.com www.psychologydiscussion.net www.cliffsnotes.com	

