

**SARDAR PATEL UNIVERSITY**

Vallabh Vidyanagar, Gujarat

(Reaccredited with 'A' Grade by NAAC (CGPA 3.11))

Syllabus with effect from the Academic Year 2024-2025 (Based on NEP, 2020)

BSW III Semester

Course Code	UA03MABSW03	Title of the Course	Dynamics of Human Behaviour
Total Credits	4	Hours Per Week	4

Course Objectives:	<ul style="list-style-type: none"> To understand the fundamental components of human behaviour To understand the concepts of growth and development To gain insight into factors contributing to the development of personality
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Course Content		
UNIT	DESCRIPTION	WEIGHTAGE (%)
1	Introduction to Human Behaviour <ul style="list-style-type: none"> Meaning and Definitions of Human Behaviour Meaning of Normal and Abnormal Behaviour Approaches for studying Human Behaviour: Behavioural Approach, Cognitive Approach, Psychoanalytic Approach 	25%
2	Human Growth and Development <ul style="list-style-type: none"> Meaning of Growth and Development Difference between Growth and Development Principles of Growth and Development Factors influencing Growth and Development 	25%
3	Introduction to Personality <ul style="list-style-type: none"> Meaning and Definitions of Personality Types of Personality Dimension of Personality (Big Five Personality Traits) 	25%
4	Theories of Human Behaviour and Personality <ul style="list-style-type: none"> Sigmund Freud's Psychoanalytical Theory Erik Erikson's Psychosocial Theory 	25%

Teaching Learning Methodology	Interactive Lectures Guest Sessions PowerPoint Presentations Self Study Assignments	Individual & Group Presentations Peer Learning
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage



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1.	Internal Written Exam	50%
2.	Internal Continuous Assessment in the form of Quizzes, Assignments, Attendance, Active Learning, Class Test	
3.	University Examination	50%

Course Outcomes: After Completion of the Course, students will be able to:	
1.	Become familiar with the concepts of normality, abnormality
2.	Gain insight into the dynamics of human behaviour and personality

Suggested References:	
Sr. No.	References
1.	Bhatt, N. (2007). <i>Human development: A life span perspective</i> . Jaipur: Pointer Publishers.
2.	Allen, B. P., (2002). <i>Personality theories: Development, growth, and diversity</i> (4). Boston: McGraw-Hill College.
3.	Mangal, S.K. (1998). <i>General psychology</i> . New Delhi: Sterling Publishers Pvt. Ltd.
4.	Hurlock, E.B., (2001). <i>Developmental psychology: A life span approach</i> . New York: McGraw-Hill Education

Online Resources	
1.	https://www.bharathuniv.ac.in/colleges1/downloads/courseware_ece/notes/BSS201%20-%20PERSONALITY.pdf
2.	https://mind.plus/lets-understand-the-concept-of-normal-and-abnormal-behaviour/
3.	https://iastate.pressbooks.pub/individualfamilydevelopment/chapter/freuds-psychodynamic-theory/
4.	https://medium.com/@ekram108/13-principles-of-growth-and-development-2043ce071b36
5.	https://www.simplypsychology.org/erik-erikson.html