SARDAR PATEL UNIVERSITY
Vallabh Vidyanagar, Gujarat
(Reaccredited with 'A' Grade by NAAC (CGPA 3.11)
Syllabus with effect from the Academic Year 2024-2025

BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 04
(Effect from June 2024-2025)

Course Code	UA04MAPSY01	Title of the Course	THEORY OF ORGANIZATIONAL BEHAVIOUR
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1-To develop an awareness of the concepts related to organizational behaviour. 2-Help the students develop connectivity between concepts and practices of organizations.

Course Content

Unit	Description	Weightage%
1.	**Organizational Psychology** Organizational Psychology, concept of Organization, Characteristics of Organization, Types of Organization,(Coercive Organization, Utilitarian Organization, Social Organization, Mutual benefit Association, Business concerns service Organization, commonweal Organization,) Organization goals Nature of Organizational goals	25%
2.	**Organizational Theory** Organizational Theory, Classification of Organizational Theories Maxweber's ideal Bureaucracy Tylor's scientific management movement.	25%
3.	**Neo Classical Theory** Neo Classical Approach, Conclusion of horthans' s experiment , theory of Integration by Mary parker Follett, theory of Chester Barneveld, Theory of motivation of A. H. Maslow, Theory of X & Y by Douglas Macgregor, Theory of Frederick Herzberg.	25%
4.	**Modern Theory & System approach** What is system approach &Definition of system, modern Theory by Alfiead Korzybski. Norbert wienez,, Characteristics of modern theory, Theory Z' by William G. Ouchy.	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz

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Evaluation Pattern		
Sr. No.	**Details of the Evaluation**	**Weightage**
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Developing a deeper understanding of conceptual and theoretical bases of motivation and employees' work attitudes and their relationship with performance and organizational outcomes.
2.	Understanding leadership processes from different theoretical perspectives.
3.	Understanding group dynamics, working through conflicts and working in teams.

Suggested References:	
Sr.	**References**
1.	Davis Keith & Newstrom J.W.(1994) Human behaviour at work Tata McGraw hill New Delhi
2.	Freud Luthans (2000) Organizational behaviour Tata McGraw hill New
3.	Do.sl.3l. wop3kr SS4akly git iv)an yinvRIs3l gA inma` RooDRAmdavad
4.	Do.jebl.p3e sg#nna is^6ato yinvRIs3l gA inma` RooDRAmdavad
On-line resources to be used if available as reference material	
On-line Resources: www.varywelmind.com www.all/about/psychology.com	
www.sparknote.com www.psychologydisscusion.net www.cliffsnotes.com	

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(Effect from June 2024-2025)

Course Code	UA04MAPSY02	Title of the Course	COUNSELLING PSYCHOLOGY
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1-To develop an understanding of basic concepts, processes, techniques of Counselling. 2-To acquaint the learner with the challenges of Counselling. 3-Help students develop an understanding of the Counselling picture and dynamics of Counselling Process and Application. 4-To introduce the interactive methods of Psychological Counselling for the various psychological disorders

Course Content

Unit	Description	Weightage%
1.	**Concept of Counselling & Counselling Applications** Concept of Counselling, types of Counselling,(Educational Counselling, Occupational Counselling, Psychological Counselling, Marriage, Religion Counselling, Career Counselling) goals of Counselling	25%
2.	**Need for Counselling** Classification of Counselling, problem of Indian students support for need of Counselling Problems of Indian students,.	25%
3.	**Selection of Counsellor and Training** Need of Counselling, Problems offer selection of Counsellor, Counselling Training, Factors in Training	25%
4.	**Process of Counselling** Steps of counselling process, Variables counselling process (Variables of Counselee, Variables of counsellor, Setting Arrangement)	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz

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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Developing a basic understanding of counselling as a profession
2.	Gaining an overview of basic approaches, theories and techniques in counseling
3.	Developing awareness about the contemporary issues and challenges in counselling
4.	Learning about the newer forms of therapy like solution focused therapy, narrative therapy

Suggested References:	
Sr.	References
1.	Barlow D.H. and Durand V.M. (2005). Abnormal Psychology: An Integrated Approach (4th Ed.).Wadsworth: New York. Riskind, J.H., Manos,M.J. and Alloy,L.B. (2004) Abnormal Psychology : Current Perspectives. McGraw Hill
2.	Bennett,P. (2006). Abnormal and Clinical Psychology: An introductory textbook. New York: Open University Press
3.	Brewer,K. (2001). Clinical Psychology. Oxford : Heinemann Educational Carson, R.C., Butcher,J.N.,Mineka,S.& Hooley,J.M. (2008).
4.	Kring,A.M.,Johnson,S.L.,Davison G.C. & Neale J.M. (2010). Abnormal Psychology (11th Ed.).NY: John Wiley. Plante, T.G. () Contemporary Clinical Psychology John Wiley & Sons
On-line resources to be used if available as reference material	
On-line Resources: www.varywelmind.com www.all/about/psychology.com	
www.sparknote.com www.psychologydisscusion.net www.cliffsnotes.com	

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(Effect from June 2024-2025)

Course Code	UA04MAPSY03	Title of the Course	DEALING WITH PSYCHOLOGICAL DISORDERS
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1-Help students develop an understanding of the clinical picture and dynamics of psychological disorders. 2-To introduce the therapeutic interventions for the various psychological disorders

Course Content		
Unit	**Description**	**Weightage%**
1.	**Schizophrenia**: Epidemiology, -Etiology– bio-Psycho-socio model, subtypes, Symptoms, Co-morbidity and treatment **Concept, causes, types and symptoms of Paranoid,**	25%
2.	**Depressive Disorders & Bipolar and Related Disorders**: Epidemiology, Etiology, Subtypes, symptoms of depressive disorders and Bipolar and Related Disorders and Treatment in short. **suicide**	25%
3.	**Sexual Disorders** –Epidemiology- Gender Identity Disorder, Paraphilia - Paedophilia, Voyeurism, Exhibitionism, Sexual Masochism, Sexual Sadism, fetishism, Transvestism fetishism, Sexual Abuse **Rap**: Causes and effects of Rap,	25%
4.	**Somatoform Disorder:** Epidemiology, - Etiologist– bio-Psycho-socio model, sub types, Symptoms, Co-morbidity and treatment **Epilepsy:** Neurological and Psychological Epilepsy, Hysteria	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz Case Study

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Evaluation Pattern		
Sr. No.	**Details of the Evaluation**	**Weightage**
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Having working knowledge and understanding of the major psychological disorders and critically review their signs and symptoms (Bipolar, Depressive Disorders, Schizophrenia and Neurodevelopment Disorders).
2.	Developing a basic knowledge of the various treatments for abnormal behavior
3.	Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders.

Suggested References:	
Sr.	**References**
1.	Barlow D.H. and Durand V.M. (2005). Abnormal Psychology: An Integrated Approach (4th Ed.).Wadsworth: New York. Kearney, C. A. & Trull, T. J. (2012). Abnormal Psychology and Life: A dimensional approach. New Delhi : Cengage learning.
2.	06). Abnormal and Clinical Psychology: An introductory textbook. New York: Open University Press.
3.	Brewer,K. (2001). Clinical Psychology. Oxford : Heinemann Educational Publishers Carson, R.C., Butcher,J.N.,Mineka,S.& Hooley,J.M. (2008). Abnormal Psychology. New Delhi: Pearson.
4.	Plante, T.G. Contemporary Clinical Psychology John Wiley & Sons.
5.	Riskind, J.H., Manos,M.J. and Alloy,L.B. (2004) Abnormal Psychology : Current Perspectives. McGraw Hill
6.	American Psychiatric Association (2013) "DIAGNOSTIC AND STATISTICAL MANUAL OF MENTAL DISORDERS" FIFTH EDITION DSM-5**TM.**

On-line resources to be used if available as reference material

https://repository.poltekkes-kaltim.ac.id/657/1/Diagnostic%20and%20statistical%20manual%20of%20mental%20disorders%20_%20DSM-5%20(%20PDFDrive.com%20).pdf

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BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 04
(Effect from June 2024-2025)

Course Code	UA04MIPSY01	Title of the Course	Educational Psychology
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	It has its objectives of understanding, explaining, predicting and control of facts. Like any other science, educational psychology has also developed objective methods of collection of data. It also aims at understanding, predicting and controlling human behavior. Educational Psychology is a natural science.

Course Content		
Unit	**Description**	**Weightage%**
1.	**Education Psychology nature & Methods** Meaning of Education Psychology, Nature of Education Psychology, Field of Education Psychology, Study methods of Education Psychology Problems of Research in Education Psychology.	25%
2.	**Teacher, Education & Educational Psychology** The Goal of Morden Education, Education Psychology & Teacher (Understanding teacher should know about students , the Teacher feel more power, Identify yourself) Psychological Aspect in Learning Process, Fundamental of Effective Teaching: Teacher Qualification.	25%
3.	**Nature of Learning and Theory of Learning Maturity:** Nature of Learning, Maturation and Learning, Learning Outcome, Types of Learning, Theories of Learning, Aspect of Learning, Effective Factors of Learning Process.	25%
4.	**Effective Methods of Learning and Study** Meaning of Study, Training Requirement for systematic study, Some factors affecting the study, How to develop effective study habit?, Application of general rules in studies.	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz

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Evaluation Pattern

Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Explains the meaning , scope and function of Concept of Education Psychology
2.	Explains the Importance and necessity of Education Psychology
3.	Specific and Measurable Statements that define the Knowledge, skills and attitudes learners will demonstrate by the completion of a Course

Suggested References:

Sr.	References
1.	Thorndike, E.L. (1912). *Education: A first book*. New York: MacMillan.
2.	Apps, J. W. (1973). Toward a working philosophy of adult education. Syracuse, NY: Syracuse University.
3.	Zimmerman, B.J. & Schunk, D.H. (Eds.) (2003). *Educational psychology: A century of contributions*. Mahwah, NJ, US: Erlbaum.
4.	પરિખ.બી.એ. "શૈક્ષણિક મનોવિજ્ઞાનનો પરિચય", (1996)., પોપ્યુલર પ્રકાશનના માનસશાસ્ત્ર.

On-line resources to be used if available as reference material
www.educationalpsychology

https://archive.ph/20130628165859/www.associatedcontent.com/article/352631/educational_p sophies_in_the_classroom_pg2.html?cat=4

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Course Code	**UA04SEPSY01**	Title of the Course	**Educational & Sports Psychology**
Total Credits of the Course	02	Hours per Week	02

Course Objectives:	To help the individual and the coach to understand explain and predict the performance. Improves the effectiveness of physical education teacher, coaches and Students.

Course Content		
Unit	**Description**	**Weight age %**
1.	**Sports Psychology** Meaning and Importance of Physical Education, Relationship between Physical Education and Education, Aims of Physical Education, Sports and Psychology, Definition of ports Psychology, Physical Education, Physical Education Teacher and Sports Psychology.	25%
2.	**General Innate Tendencies** General Tendencies (**1.Sympathy** Definition of Sympathy, Types of Sympathy,**2.Imitation**, Definition of Imitation, Types of Imitation, Educational Importance of imitation **3.Suggestion** Definition of suggestion, Types of Suggestion, Factors Effecting Suggestibility, Educational Importance of Suggestions, limits of Suggestion, measurements of Suggestibility, **4.Play** Definition of Play Characteristics of Play, theories of Play, Types of Play, Importance of Play Education, modern Teaching Methods based on Play)	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz

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Evaluation Pattern		
Sr. No.	**Details of the Evaluation**	**Weight-age**
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per NEP)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Effectively develop and apply health, physical activity and psychological principal as they relate to human performance.
2.	Explain the major perspectives of psychology.
3.	Design conduct and evaluate research that address psychological questions.

Suggested References:	
Sr.	**References**
1.	Morgan , C .T. , King , R .A. , Weisz , J .R . , Schopler, J . (2 0 0 5) Introduction to Psychology. New Delhi :Tata McGraw Hill Publishing Company Limited
2.	Morgan , C .T. (1977) A Brief Introduction to Psychology. New Delhi : Tata McGraw Hill PublishingCompany Limited
3.	Kanvar., Rameshchandra., (2005), Educational And Sports Psychology., Amit Brother Publication.
On-line resources to be used if available as reference material	
On-line Resources: www.educationandsportpsychology www.all/about/psychology.com	
www.sportspsychology www.psychologydisscusion.net www.cliffsnotes.com	

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BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 04
(Effect from June 2024-2025)

Course Code	UA04VAPSY01	Title of the Course	**Indian Psychology**
Total Credits of the Course	02	Hours per Week	02

Course Objectives:	1. To develop Skill in Yama, Niyam, Asana Mudra, Prayam, Pratyahar, Shatkarma, Dharana and Dhyan Based on different schools of thought sand religion. 2. To impart knowledge about the fundamentals of Indian Psychology

Course Content		
Unit	**Description**	**Weightage%**
1.	**Unit.1 Indian Psychology** Indian thought and Tradition Psycho historical Perspective of Indian Psychology	25%
2.	**Unit.2 Well-Being in Indian Psychology** Theory of happiness and wellbeing in Taittriya Upanishad, Strategies of achieving wellbeing	25%

Teaching-Learning Methodology	**ICT, Group Discussion Lecture method, Class room Seminar, quiz**

Evaluation Pattern		
Sr. No.	**Details of the Evaluation**	**Weightage**
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

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Course Outcomes: Having completed this course, the learner will be able to	
1.	Understanding of Indian Philosophical Foundation and Indian Psychological Perspective.
2.	Integration of Indian and Western Psychological Perspective
3.	To Aware Indian Psychological Practice & Research Skill in Indian Psychology
4.	Personal Growth and Self Understanding

Suggested References:	
Sr.	References
1.	Baron, R .A.(2005) Psychology. Delhi : Pearson education Pte. Ltd .
2.	Osho, Yog Naye Ayam,(2012), WBG Publication, Ahmedabad.
3.	Morgan , C .T. (1977) A Brief Introduction to Psychology. New Delhi : Tata McGraw Hill PublishingCompany Limited
4.	Rao,K.R. paranjpe,A.C., & dalal. A.K 2008 Handbook of Indian Psychology, acmbrige University Press.
On-line resources to be used if available as reference material	
On-line Resources:	
www.indianpsychology www.psychologydisscusion.net www.cliffsnotes.com	