Course Code	UA03MAPHI01	Title of the Course	Greek Philosophy
Total Credits of the Course	04	Hours per Week	04
Course Objectives:	early Greek philosop 2.Will find different thinkers.	<ol> <li>The aim of this course is to introduce the students to classify the basic concepts about early Greek philosophy and theories.</li> <li>Will find differences and similarities by classifying the ideas of different Greek thinkers.</li> <li>Will define the influence of ancient Greek thought.</li> </ol>	

Course	Course Content		
Unit	Description	Weightage*	
1.	Ancient Greek Philosophers life and philosophy, Sophists life and Philosophy, Naturalistic Philosophy - Atomistic Philosophy	25	
2.	Socrates: Life of Socrates, The theory of virtue is knowledge, Socratic Method, Socratic Ethics, Influence of Socrates on western though.	25	
3.	Plato: Theory of knowledge, Knowledge and Opinion, Theory of Ideas, Idea of God, Saul, Relation between Idea and world.	25	
4.	Aristotle: Aristotle's criticism of Plato's theory of idea, Theory of causation, Form and Metter, Soul and God, Wold.	25	

Teaching-Learning	Lecture, Recitation, Group discussion, Guest speaker, Debate, Assignments, Field
Methodology	trips, Seminar, Quizzes

Evalu	Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage	
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	50%	
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)		
3.	University Examination	50%	

Cour	Course Outcomes: Having completed this course, the learner will be able to	
1.	Demonstrate a command of ancient Greek (prose and verse);	
2.	Demonstrate an awareness of perennial philosophical questions, such as the problem of origins, of existence and of the possibility of knowledge;	
3.	Demonstrate a sensitivity with respect to the historical contextualization and interpretation of philosophical ideas and doctrines and an appreciation of historical source-criticism as applied to ancient Greek philosophical authors, including an awareness of difficulties of reconstructing fragmentary texts;	
4.	Demonstrate an ability to read, analyze and reflect critically upon relevant scholarship and to develop and sustain scholarly arguments in oral and written form, by formulating appropriate questions and utilizing relevant evidence;	
5	Demonstrate independence of mind and initiative; intellectual integrity and maturity; an ability to evaluate the work of others, including peers.	

Suggested References:	
Sr. No.	References
1.	Mukund Kotecha and Bhupendra Gajera: Paschatya tatvaganani ruprekha, Bookstar Publication, Ahmedabad.
2.	Rosers A.K.: Students History of Philosophy (Anu.)Dr. J.A.Yagnik, Uni. Grunth Nirman Board, Ahmedabad
3.	Rusell B.: A History of Western Philosophy
4.	Titus H.H.: Living Issues in Philosophy, Euresia Publishing House, New Delhi.
5.	Bhattacharya H.M.: The Principles of Philosophy, Calcutta University.
6.	Brightman: An Introduction to Philosophy, Halt Rinchart, Winstone.
7.	A.C. Crayling : Philosophy, Oxford University Press.

https://www.ancient.eu/Greek\_Philosophy

https://iep.utm.edu/greekphi

Course Code	UA03MAPHI02	Title of the Course	Philosophy of Upanishads
Total Credits of the Course	04	Hours per Week	04
Course Objectives:		ourse is for the student to know the principles, theories and concepts and establish its relation with the present life.	

Course	Course Content		
Unit	Description	Weightage*	
1.	Basic Concepts: Meaning of Upanishad, Classification of Upanishadas, Concepts of World view, Ruta, Runa and Yagna, Problems in Upanishadas	25	
2.	Transcendental Reality: Concepts of Reality, Varies view of Reality, Brahm and Evolution, Concept of Atma, Brahmatmeikya.	25	
3.	Upanishadas' concepts of Psychology : Gnan, Para-Apara Vidya, Concept of mind, Philosophical and Spiritual Concept of World.	25	
4.	Ethics of Upanishada: Ethics: its origin, its value, its aim and doctrines.	25	

	Lecture, Recitation, Group discussion, Guest speaker, Debate, Assignments, Field
Methodology	trips, Seminar, Quizzes

Evalu	Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage	
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	50%	
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)		
3.	University Examination	50%	

Cour	Course Outcomes: Having completed this course, the learner will be able to	
1.	Become familiar with the general tenor of the Upanishads.	
2.	Expected to recognize the differences between the Vedas and the Upanishads, not only in content but also in spirit.	
3.	Should be able to notice various philosophical and primitive scientific issues, which have found place in the Upanishads.	
4.	Should be in a position to understand that philosophy is not merely an intellectual exercise in India, but also a guiding factor in human life.	

Suggest	Suggested References:	
Sr. No.	References	
1.	Pro. Kishorbhai Dave: Upanishad Navnit	
2.	Dr. Radhakrishnan: Upanishadnu Tatvagnan	

http://www.vedaboys.com/2016/12/24/what-is-the-philosophy-of-the-upanishads-2

 $\underline{https://www.encyclopedia.com/international/encyclopedias-almanacs-transcripts-and-maps/upanishadic-philosophy}$ 

Course Code	UA03MAPHI03	Title of the Course	Ethics- I
Total Credits of the Course	04	Hours per Week	04
Course Objectives:	and religion. The gos of human life as con thinking in India has the paper aims at int on ethics.  2. The chief concern from those of India ethics, religion and	al of ethical behaviceived in different also been consiste roducing the stude and presupposition the ethics. There is philosophy in the ies have developed	ing has always been firmly rooted in philosophy iour has always been linked to the ultimate goal to classical systems of Indian philosophy. Ethical ently cosmocentric and duty-oriented. The part of ent to the distinctive elements of Indian thinking cons of Western ethics are considerably different in the ever-present and inexorable link between west as in India. Therefore a wide variety of d in the West. This course is meant to introduce theories in the West.

Course	Course Content		
Unit	Description	Weightage* (%)	
1.	Introduction: Concern and presuppositions- Meaning, Approach and Features of Indian Ethics. Concepts of Rita in the Vedas. Five mamboed Theory of the Universe. Varnavyavastha and Its Duties in Upanishadas. Ashramdharma, Purasharth and Its relation.	25	
2.	Hedonistic Ethics of the Charvak system, Sophists and Charvak's Ethical view point.	25	
3.	Introduction: concerns and presuppositions- Reasons the change in Mood, Attitude and Outlook. Definition of Ethics, Nature of Ethics, Needs of Ethics, Moral Judgments. Deontological ethics: Kant	25	
4.	Relation between Ethics and Philosophy. Ethics and Religion, Origin of Morality, Customary Morality and Its Means, Forces of Moral Development. Theories of punishment.	25	

Teaching-Learning	Lecture, Recitation, Group discussion, Guest speaker, Debate, Assignments, Field
Methodology	trips, Seminar, Quizzes

Evalu	Evaluation Pattern	
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	50%
	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	
3.	University Examination	50%

Cour	rse Outcomes: Having completed this course, the learner will be able to
1.	Describe and distinguish key ethical concepts, including concepts such as good, right, permissible, free will, pluralism, universality, reason, relativism, absolutism, obligation, virtue, prima facie, duty, action, intension, etc.
2.	Read and comprehend philosophical texts, classical or contemporary, in the area of ethics.
3.	Discuss core ethical problems, such as whether religion is a source of values, what does it mean to be virtuous, are we free to make choices, what is justice, how can we know what is right or wrong, etc.
4.	Write clear and concise explanations and arguments about basic ethical problems.
5	Distinguish the basic ethical theories and approaches, including: deontology, utilitarianism, virtue ethics, social contract theory, and one or more non-traditional or non-western positions (feminist theory, critical race theory, Confucian ethics, Buddhist ethics, etc.).
6	Apply basic ethical concepts and approaches to solving practical problems in ethics, including: sex and reproduction, environment, non-human animals, drug use, capital punishment, war, euthanasia, affirmative action, abortion, economic inequality, etc

Suggeste	Suggested References:	
Sr. No.	References	
1.	I C Sharma: Ethical Philosophies of India	
2.	S K Maitra: The Ethics of the Hindus	
3.	M. Hiriyanna: The Indian Conception of values	
4.	W. Lillie: An Introduction to Ethics	
5.	Aristotle: Nichomachean Ethics	
6.	C D Broad: Five Types of Ethical Theory	

On-line resources
https://www.britannica.com/topic/ethics-philosophy
https://www.ijemr.net/DOC/TheRoleOfIndianEthicsAndValues.pdf

Course Code	UA03IDPHI01	Title of the Course	Philosophy of Sankhya
Total Credits of the Course	04	Hours per Week	04
Course Objectives:		ourse is for the student to know the principles, theories and concepts y and establish its relation with the present life.	

Course	Course Content		
Unit	Description	Weightage*	
1.	Characteristics of Indian 'Darshans', Charges against Indian- 'Darshans', - Meaning of the word 'Sankhya', -Origin, Prevalence and Literature of Sankhya Darsana, - Causation ('Effectualism') of Sankhya Darsana, -Distinction between cause and effect.	25	
2.	According to Sankhya Darshan, Introduction to Elements, - Introduction to the Qualities of 'Prakriti', Characteristics of Qualities, - Nature of 'Prakriti' - Proofs for the Existence of 'Prakriti' -	25	
3.	Concept of 'Purusha' - Proofs of existence of 'Purusha' - Qualities or characteristics of 'Purusha' - Plurality of 'Purusha'	25	
4.	Tattvasarga - Bhavasarga - Pratyasarga - Five Mahabhutas and Five Tanmatras - Senses and Karanas - Bandhan and Mukti - Ishvara.	25	

Teaching-Learning	Lecture, Recitation, Group discussion, Guest speaker, Debate, Assignments, Field
Methodology	trips, Seminar, Quizzes

Evalu	Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage	
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	50%	
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)		
3.	University Examination	50%	

Cour	Course Outcomes: Having completed this course, the learner will be able to		
1.	Become familiar with the general tenor of the Sankhya.		
2.	Expected to recognize the differences between the Sankhya Darshan and other Indian Systems, not only in content but also in spirit.		
3.	Should be able to notice various philosophical and primitive scientific issues, which have found place in the Sankhya.		
4.	Should be in a position to understand that philosophy is not merely an intellectual exercise in India, but also a guiding factor in human life.		

Suggested References:	
Sr. No.	References
1.	Nagin G Shah, Sankya-Yga, University Granth Nirman Board, Ahmedabad.
2.	C. V. Raval, Shad-darshan, Pragna prakashan, Ahmedabad.

https://gujarativishwakosh.org

https://www.sivohm.com/2015/02/sankhya-darshan-gujarati-pdf.html

Course Code	UA03SEPHI01	Title of the Course	Philosophy of Yoga-I
Total Credits of the Course	02	Hours per Week	02
Course Objectives:	<ol> <li>The aim of this course is to introduce the students to learn the basic knowledge about philosophy and theories of Yoga.</li> <li>Students will achieve mental and physical health by applying the principles of yoga in their lives.</li> </ol>		

Course Content		
Unit	Description	Weightage (%)
1.	Introduction to Yoga- meaning of Yoga- definition of Yoga- philosophy of Yoga-kinds of Yoga- precautions for practical Yoga. Kinds of Yoga: Gyanyoga, Bhaktiyoga, Karmayoga, Layayoga, Hathayoga, Tantrayoga	50
2.	Eight fold path of patanjali Yoga- Yama, Niyama, Asana, Pranayama, Pratyahar, Dharana, Dhyana, Samadhi Yogasana- Shavasana, Padmasana, Vajrasana, Paschimottasana, Tadasana, Halasana, Sarvangasana- Prayanam (Kumbhaka, Rechaka, Puraka)	50

Teaching-Learning	Lecture, Recitation, Group discussion, Guest speaker, Debate, Assignments, Field
Methodology	trips, Seminar, Quizzes

Evalu	Evaluation Pattern	
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	50%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	
3.	University Examination	50%

Cour	Course Outcomes: Having completed this course, the learner will be able to	
1.	Evaluate traditional Indian Yoga systems.	
2.	Find the deference philosophy of the Yoga systems.	
3.	Apply new thought in Yoga movement in the country.	
4.	Gain in-depth of fundamental and applied scientific concepts and methods of Yogic Science and allied Science.	
5	Student of yoga sciences & Holistic Health can find a career to teach and spread the knowledge in schools, colleges, health centre.	

Suggested References:	
Sr. No.	References
1.	Nagin J Shah : Sankhya-Yoga, University Granth Nirman Board, Ahmedabad
2.	Bhandev : Yogvidya

https://www.yogapedia.com/definition/5159/yoga-philosophy

https://www.exoticindiaart.com/article/yoga/