



BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 01
(Effect from June 2023-2024)

Course Code	UA1MAPSY01	Title of the Course	General Psychology
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1. To introduce students to the basic concepts of the field of Psychology. 2. with an emphasis on applications of psychology in everyday life.
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Course Content		
Unit	Description	Weightage%
1.	Introduction and Methods (a) Introduction: What is psychology? Subfields of psychology; Clinical psychology Counselling, Organizational, Industrial Psychology, Social Psychology, Developmental Psychology, Psychology in modern India. (b) Methods: Methods of psychology (Observation External Observation Method, Experimental method, Case study method interview method special emphasis on experimentation)	25%
2.	Learning and Motivation: (a) Learning: Principles and applications of Classical conditioning, operant conditioning, and observational learning; Learning in a digital world; (b) Motivation: Perspectives on motivation, types of motivation, biological & Mental & Unconscious motivation	25%
3.	Sensation and Attention (a) Sensation: Definition of Sensation, Characteristics of Sensation, Types of Sensation, Visual, Auditory, Olfactory, Taste, Definition of (b) Attention: Definition of Attention, Nature of Attention, Determents of Attention (Factors of Objective & Subjective)	25%
4.	Memory & Forgetting: (a) Memory: Concept of memory, Models of memory: STM <M Information Processing (Factors of Memory) (b) Forgetting: Concept of Forgetting, Improving memory. Theories of Forgetting	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Understanding what psychology is all about
2.	Appreciation of the scope and the field of psychology
3.	Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, sensation, , motivation and human biological system including brain
4.	Developing familiarity with individual level phenomenon such as motivation.

Suggested References:	
Sr.	References
1.	Breedlove, S. M., Rosen Zweig, M. R., & Watson, N. V. (2007) <i>Biological Psychology: An introduction to behavioral, cognitive, and clinical neuroscience</i> , 5th Edition. Associates, Inc., Sunderland, Massachusetts.
2.	Carlson, N. R. (2009) <i>Foundations of Physiological Psychology</i> , 6th Edition. Pearson Education, New Delhi
3.	Levinthal, C. F. (1983). <i>Introduction to Physiological Psychology</i> . New Delhi: Morgan, C T., King, R., Weisz, J. & Schopler, J. (2017)
4.	<i>Introduction to Psychology</i> (7 th Ed). McGraw Hills. Holt, N., Bremner, A., Sutherland, E., Vliek, M. and Passer, M., & Smith, R.(2015)
5.	<i>An Introduction to Psychology</i> by C.T.Morgan
On-line resources to be used if available as reference material	
On-line Resources: www.varywelmind.com www.all/about/psychology.com	
www.sparknote.com www.psychologydisscusion.net www.cliffsnotes.com	





BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 01
(Effect from June 2023-2024)

Course Code	UA1MAPSY02	Title of the Course	Psychological Adjustment
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1.To introduce students to the basic concepts of the field of psychology 2.with an emphasis on applications of psychology in everyday life.
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Course Content		
Unit	Description	Weightage%
1.	Concept of Adjustment & Interpersonal relationship Definition of Adjustment, characteristics of Adjustment, utility of personal Adjustment, The Traditional and quasi, scientific beliefs regarding Adjustment. Factor affecting in interpersonal relationship (communication, feed-back, social Expectation, Role Behaviour, Mutual satisfaction) Life Space	25%
2.	Psycho-sexual & old age Adjustment Meaning of dating, courtship and engagement, factors of mate selection, why some people do not marry? Problem of old age, Adjustment ways (remedies) for the Adjustment in old age Psycho - physiological change process in old age	25%
3.	School Adjustment School as a new experience, Problem of college student, relation between house and School life. The teacher-child relationship, The Dynamics of learning	25%
4.	Family Adjustment Definition of Family The parent's child's relationship (Negative patterns of interaction and positive, Patterns of interaction) Family crises, factors of successful and failure marriage	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Appreciating the unbound potential inherent in human beings, and the growth one is capable.
2.	Appreciating the conflict spirituality in psychology in the field of personal adjustment psychology
3.	Understanding the theory, Psycho-sexual & old age Adjustment Family Adjustment

Suggested References:	
Sr.	References
1.	H.C.Smith - The personal Adjustment
2.	Shaffer and shoben - Psychology of personal Adjustment
3.	Lehner and kube :The Dynamics of personal Adjustment
4.	James C. Colman Psychology and Effective behaviour
5.	21 st century 8yh edition united states Thomas wadsworth
On-line resources to be used if available as reference material	
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BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 01
(Effect from June 2023-2024)

Course Code	UA1MIPSY01	Title of the Course	Basic Psychological Process
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1. To introduce students to the basic concepts of the field of Psychology. 2. with an emphasis on applications of psychology in everyday life.
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Course Content		
Unit	Description	Weightage%
1.	Unit 1: Introduction Psychology Definition of Psychology, Goals Psychology. Use of Psychology. Branches of psychology- Clinical psychology Counselling, Organizational, Industrial Psychology, Social Psychology, Developmental psychology	25%
2.	Unit 2: Thinking Thinking process: Definition of thinking, Types of thinking, Imageless thinking, Defect of thinking, Creative thinking, Investigation methods of thinking process	25%
3.	Unit 3: Feelings and Emotions Meaning of feeling, Nature of feeling, Measurement of feeling, Definition of emotions, Theories of emotions (Cannon –Bard, and James – Lange Theories) Polygraph (Lie detector)	25%
4.	Unit 4: Intelligence Definition of Intelligence, types of Intelligence, What is I.Q.? Types of Intelligence Tests, Use of Intelligence Tests, effective study methods	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	Understanding what psychology is all about
2.	Appreciation of the scope and the field of psychology
3.	Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, sensation, , motivation and human biological system including brain
4.	Developing familiarity with individual level phenomenon such as motivation.

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1.	Breedlove, S. M., Rosen Zweig, M. R., & Watson, N. V. (2007) <i>Biological Psychology: An introduction to behavioral, cognitive, and clinical neuroscience</i> , 5th Edition. Associates, Inc., Sunderland, Massachusetts.
2.	Carlson, N. R. (2009) <i>Foundations of Physiological Psychology</i> , 6th Edition. Pearson Education, New Delhi
3.	Levinthal, C. F. (1983). <i>Introduction to Physiological Psychology</i> . New Delhi: Morgan, C T., King, R., Weisz, J. & Schopler, J. (2017)
s4.	<i>Introduction to Psychology</i> (7 th Ed). McGraw Hills. Holt, N., Bremner, A., Sutherland, E., Vliek, M. and Passer, M., & Smith, R.(2015)
5.	<i>An Introduction to Psychology</i> by C.T.Morgan
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BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester-01
(Effect from June 2023-2024)

Course Code	UA1IDPSY01	Title of the Course	Crime Psychology
Total Credits of the Course	04	Hours per Week	04

Course Objectives:	1-To equip the learner with an understanding of the concept and process of Crime Psychology 2-To impart an understanding of the various domains of Crime Psychology
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Course Content		
Unit	Description in Detail	Weightage%
1.	Introduction to Crime Psychology: Crime and Meaning of Crime Psychology, Nature of Crime Psychology, Types of Crime, Field of Crime Psychology, Importance of Crime of Psychology.	25%
2.	Theory of Crime Psychology: Economic theory of crime, Sociological theory of crime, Political theory of crime, Psychological theory of crime. Causes of Crime: Economic Causes of Crime, Political Causes of Crime, Social Causes of Crime, Psychological Causes of Crime, Economic Causes of Crime.	25%
3.	Child Crime: Meaning of Child Crime, Detection Juvenile Delinquency, Causes of Child Crime and Anti-social Behaviour of children. Psychological Disorder and Crime: Schizophrenia, Hypomania and mania, Immaturity, Sexual Disorder, Depression, Antisocial Personality, Hostility and Aggressiveness, Neosotic Disorder.	25%
4.	Prevention of Crime: A Model of Crime prevention, Reactions to and Coping with traumatic events, Efforts to prevent crime, the role of psychology in crime prevention, Crime of Gujarat and India, Psychological measures of crime prevention.	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern





Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%

Course Outcomes: Having completed this course, the learner will be able to	
1.	1. Being able to conceptualize Crime psychology as a distinct discipline within the wider field of psychology as well as an understanding of its historical roots.
2.	2. Developing an understanding how various theories and principles of psychology are applied in the court of law and criminal justice system.
3.	3. Understanding the roles of Crime psychologists and psychologists in court, and demonstrating knowledge of key issues in Crime psychology including eyewitness testimony and false confession.
4.	4. Developing a working knowledge and understanding of the basic theory and methods of investigation used in forensic psychology with an emphasis on crime scene analysis and forensic psychological tools.

Suggested References:	
Sr.	References
1.	Batchman, R., & Schutt, R. K. (2008). <i>Fundamentals of research in criminology and criminal justice</i> . London: Sage. Haward, L. (1981). <i>Forensic psychology</i> . London:
2.	<i>Adult eyewitness testimony</i> . New York: Cambridge University Press. Webb, D. (2013). <i>Criminal profiling: An introductory Guide</i> . UK: Independent Publishing
3.	Batsford Academic and Educational Ltd. Howitt, D. (2002). <i>Forensic and criminal psychology</i> . New Delhi, India: Prentice Hall.
4.	Loftus, E. F. (1996). <i>Eyewitness testimony: With a new preface</i> . Cambridge, MA: Harvard University Press. Ross, F. D., Read, D. J., & Togli, M. P. (1994). Shah Arvind S. (2016) <i>Forensic psychology</i> , Pashwa Publication, Ahmedabad
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BACHELOR OF ARTS PSYCHOLOGY
BA PSYCHOLOGY Semester 01
(Effect from June 2023-2024)

Course Code	UA1SEPSY01	Title of the Course	Psychology of Adolescence
Total Credits of the Course	02	Hours per Week	02

Course Objectives:	<ol style="list-style-type: none">1. To equip the learner with an understanding of the concept and process of Growth, Development and maturation of child.2. To impart an understanding of the various domains of child behaviour and methods of study.3. To inculcate sensitivity to socio-cultural context of child development and behaviour.
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Course Content		
Unit	Description	Weightage%
1.	Introduction to Adolescence: Meaning and definition of Adolescence, Nature of Adolescence, Stages of Human Development, Field of Psychology of Adolescence.	25%
2.	Development of Adolescence: Physical Development, Mental Development, Emotional Development, Social Development. Personality Development: Meaning of Personality development, Needs of Personality development, Characteristics of Adolescence Personality, Hazards of Adolescence.	25%

Teaching-Learning Methodology	ICT, Group Discussion Lecture method, Class room Seminar, quiz
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Evaluation Pattern		
Sr. No.	Details of the Evaluation	Weightage
1.	Internal Written / Practical Examination (As per CBCS R.6.8.3)	15%
2.	Internal Continuous Assessment in the form of Practical, Viva-voce, Quizzes, Seminars, Assignments, Attendance (As per CBCS R.6.8.3)	15%
3.	University Examination	70%





Course Outcomes: Having completed this course, the learner will be able to

1.	Understanding the meaning and processes of Psychology of Adolescence in the Indian context.
2.	Demonstrating an appreciation of various theoretical perspectives of Psychology of Adolescence.
3.	Developmental Outcomes of Adolescence and Interpersonal Contexts
4.	Meaning and causes of disobedient behavior of Adolescence learning outcomes.

Suggested References:

Sr.	References
1.	Berk, L.E. (1989): Child Development, Aiiyn & Bacon.
2.	Brodzinsky, D.M., Gromly, A.V. & Anibron, S.R. (1986): Life span human development, New Delhi, CBS Publisher.
3.	English H.B. : Dynamics of Child Development
4.	Crow L.D. and Crow Alice: Child Psychology
5.	Hurlock Elizabeth: Child Psychology
6.	C. Jamnadas & Co.: Child Psychology

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